

# NOTHANDO'S JOURNEY

## ACTIVITIES

1. Photocopy the flow sequence in the oval formation on the second to last pages (36 and 37). Then enjoy doing those yoga animals with Nothando. Make up your own animal poses and let people guess what animal you are.
2. Ask your child or class to pick their three favorite animals and ask them to draw or write about the characteristics/traits that they see in each animal.
3. For Nothando, the Reed Festival is special in her home country of Swaziland. If you were going to show someone from outside of your country a special festival or celebration which one would you choose and why?
4. Nothando states that she is as strong as a lion, as brave as a baboon, and as calm as a fish eagle. These are animals that she sees in her country. What animals do you see in your everyday life? What do you like/dislike about them?
5. Nothando was afraid of the wild dog. Are you afraid of some things? Nothando shares her fear with her brother, Jabu. How does she face her fear and overcome it? Do you have any fears that you have overcome or want to overcome?